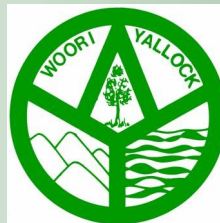


Woori Yallock Primary School
Phone : 5964 7258 Fax: 5964 6101
Email: woori.yallock.ps@edumail.vic.gov.au
Web Site : www.woorips.vic.edu.au



WYPS NEWS

8th November 2018

Hello wonderful Woori parents and students. Personally I had a great cup day surrounded by family. I hope you also had a great day. We are the only city in the world that has a public holiday for a horse race. I suppose that's why they say that it is, 'the race that stops the nation.'

CURRICULUM DAY (Monday 12th November)

This Monday the school will run its last curriculum day of the year. Curriculum days at Woori Yallock Primary School are used almost solely for the purpose of improving teaching and learning, we don't use them as report writing days like a lot of high schools do. We have wonderfully skilled teachers at our school but we always want to be on top of what is best practice. This year we have had 14 different schools sending their teachers to watch our teachers in action for the purpose of their professional development. I understand that curriculum days are not always convenient for parents but they are important days for staff and do directly improve student outcomes.

VOLUNTEERS

Volunteers within programs at Woori Yallock Primary School are an important part of our school. They may be of assistance on a regularly or occasional basis. Their involvement may be for long or short periods and can be to help students or our facilities/grounds. Australia has a rich history of incredible people volunteering and helping the community. Our school and the country itself would struggle without people giving up their time to help others. International volunteer day is celebrated on the 5th of December every year and we will have a special lunch for our volunteers soon. However, it is not enough to be thanking people only once a year. I would like to thank all the people that help at our school. Your work is invaluable and greatly appreciated.

SPELLING COMPETITION

It was only four years ago that we started our whole school spelling competition. What I like about our school's competitions and celebration days is the fact that it raises the focus of a particular area/field. During the last few weeks I have many students coming up to me telling me about the words they are learning to spell. Both senior school and junior school finals really demonstrated how much our teachers have raised the bar in spelling across the school. The grade three final was particularly difficult to find a winner because all the finalists kept getting the words correct.

As a network of schools we have discussed having an inter-school spelling competition next year which I think would give our students another layer to aim for, like the public speaking competition.



IMPORTANT DATES

2018

Monday 12th November
Curriculum Day—No
Students

Thursday 15th November
Prep Transition 9-10.45am

Friday 30th November
Disco

Tuesday 11th December
Step Up Day

Wednesday 12th December
3 Way Conference

Thursday 13th December
Carols & Enterprise Market

Monday 17th December
3 Way Conference

Tuesday 18th December
Prep—2 Waterpark Exc

Thursday 20th December
Grade 6 Graduation

Friday 21st December
Grade 5/6 Big Day Out

Friday 21st December
Last Day of School for 2018

**IT'S NOT OK
TO BE AWAY**

Continued

Our Spelling Champions for 2018:

Senior School

Grade 3 – Siobhan Theobald
Grade 4 – Ben Hade
Grade 5 – Ben Hall
Grade 6 - Charlotte Hubbard

Senior School Champion
Ben Hade

Junior School

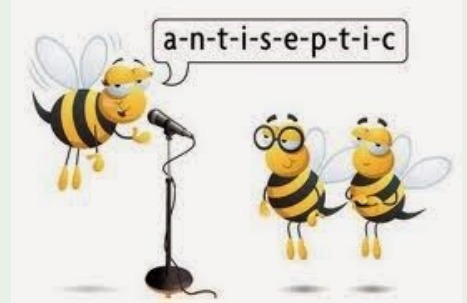
Prep – Molly Benson
Grade 1 - Sam Hyndman
Grade 2 – Arabelle Syme

Junior School Champion
Arabelle Syme

Have a great week!

And remember when life gets a little difficult, escape to the wonderful world of a book!

Oliver Thockloth
Principal



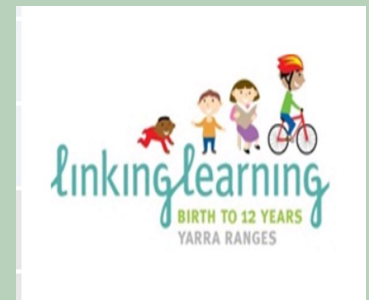
School Council

This week I met with Sally Brennan the local Labor candidate for Eildon. Sally was able to share with me that the Labor Government has approved and allocated funds for the installation of 40km flashing signs for our school. This is not dependant of the result of the upcoming election. This is really exciting news as our school council has worked hard on this issue so that it will be much safer for our children crossing Healesville-Koo Wee Rup Rd and for Dawn, our wonderful crossing supervisor. Cindy McLeish MP had also promised that if Liberal was elected that they would install the flashing signs as she had been highly involved in our 5 year battle to secure these signs.

It is also exciting to announce that school council has been able to secure a grant from the state government to build covered walkways to connect the new portables to the main building. The work will be completed over the school holidays. Council is also considering a few other exciting projects for 2019 which I hope to share with you soon.

Regards,

Kylie Davey
School Council President



Breathing in and breathing out is something we all do subconsciously every single day. But what if this simple act could do even more for us than keeping our bodies going? What if breathing could help to lessen our stress? I think you will agree that we seem to be more stressed than ever and that this feeling can often make us feel overwhelmed and even crippled. It is reported that almost 5 million Australians are suffering from stress and 60% of Kiwis are feeling stressed at least once a week. So, can taking a deep breath really reduce your stress levels? And if so, how?

Generally, when a person is stressed they take quick shallow breaths, sending a message to their nervous system to release a flood of stress hormones (like adrenaline, noradrenaline and cortisol). On the other hand, taking slow and steady breaths signals to the brain that everything is okay, helping to calm the mind and reduce physical symptoms of stress.

The power of breathing has long been recognised as a helpful tool to promote calmness, with recent research highlighting the strong neurological connection between stress and breath. Below are a few easy breathing techniques that will help relieve stress. These are simple enough for you to try while driving in your car, sitting at your desk or in the comfort of your home to help you unwind from a stressful day. Happy breathing!

Pursed Lip Breathing

- Breathe out for double the amount of time you inhale.
- Take a normal breath in through your nose for 2 counts.
- Pucker your lips and exhale for 4 counts.
- Repeat for a few rounds.

Diaphragmatic Breathing

- Place one hand on your chest and the other on your tummy while sitting or standing.
- Breathe in deeply and slowly through your nose, feeling air filling your belly (not your chest).
- Breathe out slowly through your lips.
- Keep breathing for 5 – 10 minutes.

Teddy Bear Breathing

- Get your child to lie down with one hand on their chest and their favourite stuffed animal on their belly button.
- Ask them to close their eyes and relax.
- Encourage them to make the stuffed animal on their tummy rise – not their chest.
- After a full breath, hold it, count to 3, and then ask them to breathe out.
- Repeat until they feel relaxed.

Share this great little YouTube clip with your children, “Just Breathe”, by Julie Bayer Salzman & Josh Salzman
Blessings,

Award Winners for 2018



Award Winners for 2018





Proudly supported by

Leader
COMMUNITY NEWSPAPERS



Woori Yallock Preschool

3/4 Year old and 4/5year old
programmes



Cnr View St and Symes
Road Woori Yallock

Phone 03 59647498

Email: woori.yallock.kin@kindergarten.vic.gov.au

Enrolments: 59662225



Bip Bop Boom is a fun, interactive themed percussion music, dance, playacting and fitness activities class for kids aged 6 and under.

Parents are fully encouraged to join in the class with their child for the full Bip Bop Boom class experience!

BIP BOP BOOM

Our age groups are:

Jitterbugs - Under 1 year

(Parent must participate)

Boppers - Ages 1 - 3 years

Groovers - Ages 4 - 6 years



GRAND OPENING SPECIAL OFFER!

**\$10 PER CHILD FOR ONE CLASS
OR \$40 FOR FOUR OF OUR
STANDARD HALL CLASSES AT
OUR VENUES IN GEMBROOK
AND WOORI YALLOCK!**

*USUAL PRICE OF \$12 PER CHILD AND A
FAMILY DISCOUNT OF \$8 PER EXTRA CHILD
APPLIES AFTER OPENING WEEK.
GOLD COIN DONATION
FOR JITTERBUGS.
OFFER ENDS OCTOBER 29, 2018.



www.bipbopboom.com.au

0448 260 300

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FRIDAYS

GEMBROOK COMMUNITY CENTRE

4 Gembrook Rd, Gembrook

FRIDAYS AT 10AM

JITTERBUGS - 10AM

BOPPERS - 10:30AM

GROOVERS - 11AM

HALL LOCATIONS



SATURDAYS

WOORI YALLOCK PRIMARY

SCHOOL HALL

1360 Healesville-KooWeeRup Rd,

Woori Yallock

SATURDAYS AT 2PM

JITTERBUGS - 2PM

BOPPERS - 2:30PM

GROOVERS - 3PM

THURSDAY FUN AT GO WILD!

GO WILD PLAYCENTRE

6 East Court, Lilydale - Bookings: 9735 0881

THURSDAYS AT 11AM

**\$8.50 ENTRY INCLUDING UNLIMITED PLAYTIME
PLUS ALL AGES BIP BOP BOOM CLASS!**



Beechy's Daycare

Open From 8am to 6pm

Monday to Friday.

Ages 6 weeks to 12 years. Offering long day care and Before and After School Care. As well as local School and Kinder Drop off and pick ups.

Please call Suzzie
for bookings.

0447171992



FREE

CHRISTMAS FAMILY NIGHT



FREE EVENT

Thursday 6th December 6pm-8pm

- Monster Bubble show
- Jumping castle
- cookie decorating
- Santa Visits
- Face painting

For more information ask one of our team in store
or visit www.bunnings.com.au/lydiate

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Boys for Beginners

A Parents Building Solutions Program for parents of boys 3 to 12 years



- Do you want to understand the nature of boys?
- Improve communication with them?
- Are you overwhelmed by their non-stop energy?
- Join us to learn tips and strategies to better understand and nurture your sons.

When:

Thursday (5 evening sessions)
Oct 25th to Nov 22nd 2018

Time:

7.00- 9.00 pm

Where:

Woori Yallock Primary School
Healesville-Koo Wee Rup Road,
Woori Yallock

Cost:

Free of charge. Bookings Essential



Bookings:

Helena 9735 6134 or 0488 501 204



YARRA VALLEY SOCCER CLUB

Junior Soccer Summer Program
Wednesday Evenings 5.00pm to 6.30pm
17th October to 5th December
Millgrove Recreation Reserve

Program designed for Junior Soccer Players

- A program for ages 5 Years to 14 years, which helps develop a player's football skills and promote interest in soccer.
- A skills based program for all.
- Small sided games.
- Cost- \$20 per child for whole 8 week program.
- Registration- Please complete the following link to register for program <https://yarravalley.typeform.com/to/RPzzWw>
- Registration payments can be made to Yarra Valley Soccer Club BSB 633000 Account 120 551 098 (please leave surname as reference)
- For further information please contact yv_soccer@hotmail.com or Tom Mills 0432 732 997 or Andrew Woolley 0413 666 392



Yarra Valley Soccer Club is now one of the fastest growing participation sports in the Upper Yarra Valley Area.

We rate our home loans.

And so do our customers.*



Don't settle
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Woori Yallock & District
Community Bank[®] Branch  **Bendigo Bank**
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* Rated above the four major banks among home loan customers in Roy Morgan's Home Loan Customer Satisfaction Survey, December 2015. Terms, conditions, fees, charges and lending criteria apply. Full details available on application. Bendigo and Adelaide Bank Limited ABN 11 058 049 178 AFSL/Australian Credit Licence 237879, BEN50MPT25 (503933-A4) (02/10)

bendigobank.com.au/homeloans



Woori Yallock
& District
Community Bank[®]
Branch

 **Bendigo Bank**

Student Banking Every Wednesday

Please bring your Bendigo Bank passbooks to school on
Wednesdays

Thank you, Lani & Ellen

FOODWORKS LICENSED GROCERS

WORKING FOR YOU SEVEN DAYS A WEEK

DRIVE THROUGH BOTTLE SHOP

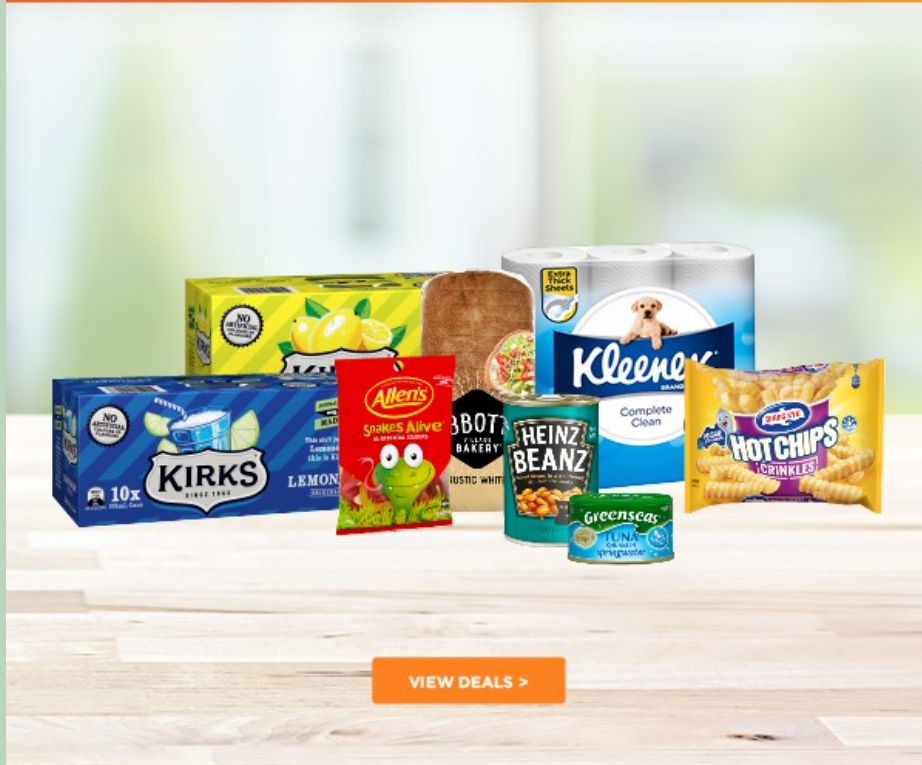
MONDAY TO FRIDAY	7AM-7PM	MONDAY TO THURSDAY	9AM-7PM
SATURDAY	8AM-5PM	FRIDAY & SATURDAY	9AM-9PM
SUNDAY	9AM-5PM	SUNDAY	10AM-5PM

Catalogue on Sale Wednesday 7th November — Tuesday 13th November 2018

PHONE: 5964 7202

Fresh Fruit and Vegetables

THIS WEEKS DEALS!



[VIEW DEALS >](#)

FREE DELIVERY MONDAY - FRIDAY

Orders must be in before 11.00 am to be delivered before 12 noon.

Min purchase \$40