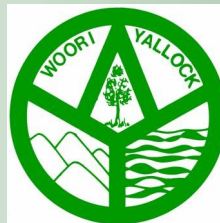


Woori Yallock Primary School
Phone : 5964 7258 Fax: 5964 6101
Email: woori.yallock.ps@edumail.vic.gov.au
Web Site : www.woorips.vic.edu.au



WYPS NEWS

11th October 2018

Dear Parents,

WELCOME BACK!

I hope everybody had a fantastic holiday break and enjoyed time with family and friends. I'm looking forward to a great finish to the year.

We have a lot to look forward to this term including the following:

- Grade Six Graduation at Killara - 20/12/18
- Christmas Carols and Grade 5/6 Christmas Market - 13/12/18
- Grade 1 dinner - 17/10/18
- Grade 2 sleepover - 26/10/18
- WYPS Spelling Competition TBA
- And much more!

Welcome to Maggie in 3/4C and Christian in 1/2D who started with us on Monday. We wish both children and their families a big Woori welcome.

WORLD TEACHERS' DAY

It wasn't very good timing, but it was World Teachers' Day on the Friday just gone. This day is internationally set so it is unfortunate that it coincides with school holidays. We have amazing and brilliant teachers at our school and I don't think they can ever hear that enough. So if you get a chance please thank our amazing teachers and remind them of how important they are to us all.

HATS/UNIFORM

A reminder that we require all of our students to wear hats at recess and lunchtime. If students don't have a hat they are asked to be in an undercover area which limits what they can do during break times. This year our whole school uniform is the best it has been at my time at the school. There is still a small percentage of students who are not wearing black shoes and I ask for your support with this as having 100% of our students in full uniform upholds our school motto of 'Take Pride At All Times'. If there is a reason why your child is out of uniform can you please contact the classroom teacher to explain why. Thanks for your help with this.

PRODUCTION

As a staff we are still buzzing from the success of our home made production late last term. Thank you to all of our parents in your support of this initiative who bought tickets, and in particular to a few parents who put in countless hours helping with costumes, etc.



IMPORTANT DATES

2018

- Wednesday 17th October
Prep—2 Photo trail &
Grade 1 Dinner
- Thursday 18th October
Prep Transition 9—10.45am
- Friday 19th October
Movie Night
- Monday 22nd October to Friday
2nd November
Preps Swimming
- Friday 26th October
Grade 2 Sleepover
- Tuesday October 30th
Prep Transition 9-10.45am
- Tuesday 6th November
Melbourne Cup Day
- Monday 12th November
Curriculum Day—No
Students
- Thursday 15th November
Prep Transition 9-10.45am
- Friday 30th November
Disco

**IT'S NOT OK
TO BE AWAY**

Continued

I am very proud of all of our students for their talent, commitment and exceptional behaviour throughout the production. The same has to be said for our amazing staff who have banded together as always to ensure that our students have wonderful opportunities such as this. A special thank you in particular to Miss Vaughan, Mr Mac, Cheryl Sinclair and Michele Callaway who led us to such an excellent end result.

I hope you managed to make it along to the show and enjoyed it! I will keep you posted on the timeline of when DVD's from the show will be available.

FOOTY TIPPING WINNERS

Congratulations to our footy tipping champions for 2018. Our parent/staff winner was Cassandra Darwall who almost led the competition all year and won by 6. A huge win. Our student winner was Tahlia Cotton. Matt Cotton has won in the past so the Cotton children really know their football. Both Cassandra and Tahlia will be presented with our perpetual trophy at the next assembly.

IMPROVEMENTS AT THE SCHOOL

Through the holidays we had a lot of work done at the school which is all due to our hard working school council. The facilities committee led by Mary Menta in consultation with school council have worked hard for a long time to secure funds to make sure we improve our facilities. Over the holidays we have had drainage work completed to unblock existing drains and lay new ones so that the playground and garden in area C stays free of being water logged. Our old and tired paths and asphalt around the main building have been replaced to make them all safe. We also had an arborist look at every tree in the school to make sure they are safe. Some limbs and trees have been removed. The last piece of work that was approved by council was the painting of the old murals in the corridors. At the moment they have just been painted white. Council intends to have learning quotes and colourful pictures painted on the walls in the not too distant future.

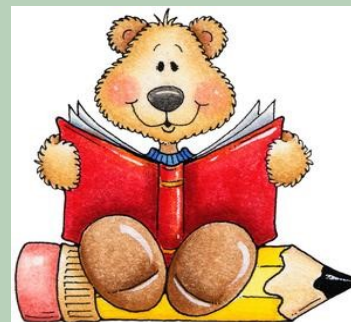
MRS HARRIS

This year Mrs Harris was successful in gaining a place in the Department of Education's flagship pre-principal program. Part of the course has participants placed at another school to shadow their principal, which she did for the last four weeks of term 3. Mrs Harris was obviously doing a great job in her placement because she has been asked to be Acting Principal of Upper Ferntree Gully Primary School for three weeks, which she will do from week 2 to week 4 of this term. Congratulations Mrs Harris we are all very proud of you.

Have a great week!

And remember when life gets a little difficult, escape to the wonderful world of a book!

Oliver Thockloth
Principal



Chaplain's Chat

Can you recall a recent time when you were afraid? The last week of last term, some grade 5/6 students who were involved in a special after school program we ran in partnership with EACH, went on a wilderness day caving in Wesburn. On the way to this location, I still hadn't made up my mind if I was actually going to get down into the caves. I do have a fear of confined spaces and didn't want to have a panic attack underground where I couldn't get out. I tried very hard to keep my internal dialogue positive and was encouraged by those around me. When I saw others working through this fear and one of our grandparents prepared to have a go, I decided to give it a go. I knew that this opportunity may never come again and I didn't want to regret this later. So I dressed in all the safety gear, took some deep breaths and went ahead. Truthfully, it was a real challenge for me, but I am glad that I found the courage to press through and have this amazing experience.

When you are faced with fearful situations your body goes into "fight or flight" response. The heart rate increases to pump more blood to your muscles and brain. Your lungs take in air faster to supply your body with oxygen. A signal is sent to the adrenal glands in your torso causing them to send out the stress hormones, cortisol and adrenaline. The fear response also releases glucose into the bloodstream -- a power up to get you running for your life.

Fear that is ongoing has a number of negative impacts on the body, from weakening the immune system, cardiovascular damage, gastrointestinal problems such as irritable bowel syndrome, and decreased fertility. It can lead to accelerated ageing and even premature death.

Below are some guidelines that help increase our courage:

1. Be prepared to take some risks or be stretched outside your comfort zone. And if you fail in your attempts, don't let this be a deterrent. Remember to try again next time.
2. Be honest with yourself in the first place about what exactly those fears are. Research has found that acting courageously requires an understanding of one's own anxieties and limitations -- denial of fear does not support courageous action -- and then choose to work through them.
3. Recognise that the most effective ways to banish fear are to repeatedly force yourself to face what you're afraid of.
4. Practiced visualizations for success and positive self-affirmations. Avoid negative thoughts instead build the positive -- optimism, hope, good emotions, and meaning and purpose.
5. Stress and fear often come together. Feelings of stress are generally rooted in a fear of an imagined physical or emotional threat, and stress can contribute to negative feelings like depression and anxiety that in turn can contribute to fear-based thinking. Exercise and meditation both have the power to lower stress levels and reduce feelings of depression and anxiety, which could help you to act more courageously in the face of challenges.
6. To build a courageous character, the muscle of courage must be continually strengthened. We develop courage by performing courageous acts. Recent psychological research also suggests that courage is an ethical habit that we develop by repeatedly practicing acts of bravery.
7. Surround yourself with people who will encourage and support your efforts, not people who will judge or put you down.

Continued....

When our children become discouraged over things that they have not yet mastered, another helpful thing to say is , " You have not mastered this YET." The word "yet" is important because it reminds them that, like other things in life, they may have to put consistent effort into building their confidence and courage. So try to become a great coach for your child and encourage them along their journey to building up their courage.

Hope you find these suggestions helpful.

Have a great term 4

Blessings,

Veronica



COURAGE...

...is contagious

**Supporting
Transition into
Secondary School**

To help prepare and support your child for Secondary School, you are invited to attend a special Morning Tea Tuesday October 16th at 9.00 am in the All Purpose Area to hear Mr. Scott Tully, principal and Carly, student wellbeing co-ordinator from UYSC share some helpful information with you. All welcome!

School Council

Many of you may wonder what it is that we do in school council. The main role that we have is to set and monitor the school's direction. We do this by participating in the development and review of the School Strategic Plan and Annual Implementation Plan, policy development and review, approving the school budget and monitoring expenses, fundraising and maintaining the school grounds, encouraging student voice through junior school council and many other things.

Some of the things that we have achieved this year include a restructured school council with the introduction of Education, Finance and Facilities sub-committees, upgrades to the bathrooms, upgraded technology by approving the purchase of new chrome books and iPads, policy audit, creation and reviews, grants for concreting and drainage and undercover walkways.

We also make decisions about fundraising activities, school camps and excursions and proposals from junior school council, where to use money given to the school from various groups– such as subsidising the swimming program with a donation from the Bendigo Bank. The students have done an amazing job this year with organising a number of wonderful activities including the food can drive, Fiver for a Farmer, First Aid training for students, hot dogs for Footy Day. We love all of the ideas that the kids present to us.

Our Parents Association are amazing too and organise all of our fundraising with different activities such as Mother's/Father's Day stalls, OXFAM BBQ, Easter Raffle, Scout Raffle and the School Fun Run to name a few.

If you have any questions, feedback or concerns regarding any of the things that school council are responsible for, then please feel free to come and have a chat to me or any of the school council members (parents or Teachers) or email me at davey.kylie.k@edumail.vic.gov.au

Thank you,
Kylie Davey
School Council President



YARRA VALLEY SOCCER CLUB



Junior Soccer Summer Program
Wednesday Evenings 5.00pm to 6.30pm
17th October to 5th December
Millgrove Recreation Reserve

Program designed for Junior Soccer Players

- A program for ages 5 Years to 14 years, which helps develop a player's football skills and promote interest in soccer.
- A skills based program for all.
- Small sided games.
- Cost- \$20 per child for whole 8 week program.
- Registration- Please complete the following link to register for program <https://yarravalley.typeform.com/to/RPzzWs>
- Registration payments can be made to Yarra Valley Soccer Club BSB 633000 Account 120 551 098 (please leave surname as reference)
- For further information please contact yv_soccer@hotmail.com or Tom Mills 0432 732 997 or Andrew Woolley 0413 666 392



Yarra Valley Soccer Club is now one of the fastest growing participation sports in the Upper Yarra Valley Area.



Exclusive offer to
**ZERO & REWARDS
CARD HOLDERS**

**20%^{*} OFF
EVERYTHING**
INCLUDING
SCHOOLWEAR

SHOP NOW

INSTORE & ONLINE - THURSDAY 11TH OCTOBER

* Excludes gift cards & all suit packages. Cannot be combined with other offers or discounts. Floor stock only.

Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.
Offer ends midnight (AEDT) 11/10/18. Must use Zero or Rewards card to receive discount.



Woori Kids Fest!

Celebrating Children's Week

**Thursday
Oct 25
2018
3 - 5 pm**

Woori Yallock Presbyterian Church
Carpark (Opposite the Primary School)
1363 Healesville-Koo-Wee-Rup Rd
Woori Yallock 3139

Jumping castle - Donkey rides -
Animal farm - Face painting -
Balloons - Kids Performance Stage -
Food - Information stalls & More!



www.facebook.com/wooricomhouse (03) 5964 6857





**WYTAG
COMMUNITY GARAGE SALE**

**Saturday 20th October 2018
9am—2pm — Harold Ockwell Reserve
Warburton Highway, Woori Yallock
(adjacent to shops)**



REDUCE—REUSE—RECYCLE



Do you have unwanted items to sell, yet not enough to hold a garage sale? Why not book a \$10 stall?

Stall numbers are limited, so book now to avoid disappointment.

**For further details or to make a stallholder booking, contact
Rickelle 0414 657 383 or Nicky 0400 203 389**



Beechy's Daycare



**Open From 8am to 6pm
Monday to Friday.
Ages 6 weeks to 12
years. Offering long day
care and Before and
After School Care. As
well as local School and
Kinder Drop off and pick
ups.**

**Please call Suzzie
for bookings.
0447171992**



Boys for Beginners

A Parents Building Solutions Program for parents of boys 3 to 12 years

- Do you want to understand the nature of boys?
- Improve communication with them?
- Are you overwhelmed by their non-stop energy?
- Join us to learn tips and strategies to better understand and nurture your sons.

When:

Thursday (5 evening sessions)
Oct 25th to Nov 22nd 2018

Time:

7.00- 9.00 pm

Where:

Woori Yallock Primary School
Healesville-Koo Wee Rup Road,
Woori Yallock

Cost:

Free of charge. Bookings Essential

Bookings:

Helena 9735 6134 or 0488 501 204

Finding Me Being Free

An 8-week group for women who have experienced past or current issues of family violence/abuse in their relationships.

Date:

Wednesdays 25 July – 12 Sept 2018

Time:

9:30am – 12:30pm

Location:

Montrose area, Yarra Ranges.
To be confirmed.

Cost:

Free. Assistance with low cost child care is available.

Bookings essential.

Limited to 10 participants.

Learn about:

- Finding your strengths
- Managing power and control issues
- Finding equality in relationships
- Options to increase safety
- Effects of abuse on children and how supportive parenting helps
- Looking after yourself!

FMBF is supported by the Victorian Government.

For more information or to register your interest
please call Inspiro on 9738 8801.
www.inspiro.org.au

We rate our home loans.

And so do our customers.*



Don't settle
for anything less.

 **Bendigo Bank**
Bigger than a bank.

Woori Yallock & District
Community Bank[®] Branch  **Bendigo Bank**
PH: 5961 5644

* Rated above the four major banks among home loan customers in Roy Morgan's Home Loan Customer Satisfaction Survey, December 2015. Terms, conditions, fees, charges and lending criteria apply. Full details available on application. Bendigo and Adelaide Bank Limited ABN 11 058 049 178 AFSL/Australian Credit Licence 237879, BEN50MPT25 (503933-A4) (02/10)

bendigobank.com.au/homeloans



Woori Yallock
& District
Community Bank[®]
Branch

 **Bendigo Bank**

Student Banking Every Wednesday

Please bring your Bendigo Bank passbooks to school on
Wednesdays

Thank you, Lani & Ellen

FOODWORKS LICENSED GROCERS

WORKING FOR YOU SEVEN DAYS A WEEK

DRIVE THROUGH BOTTLE SHOP

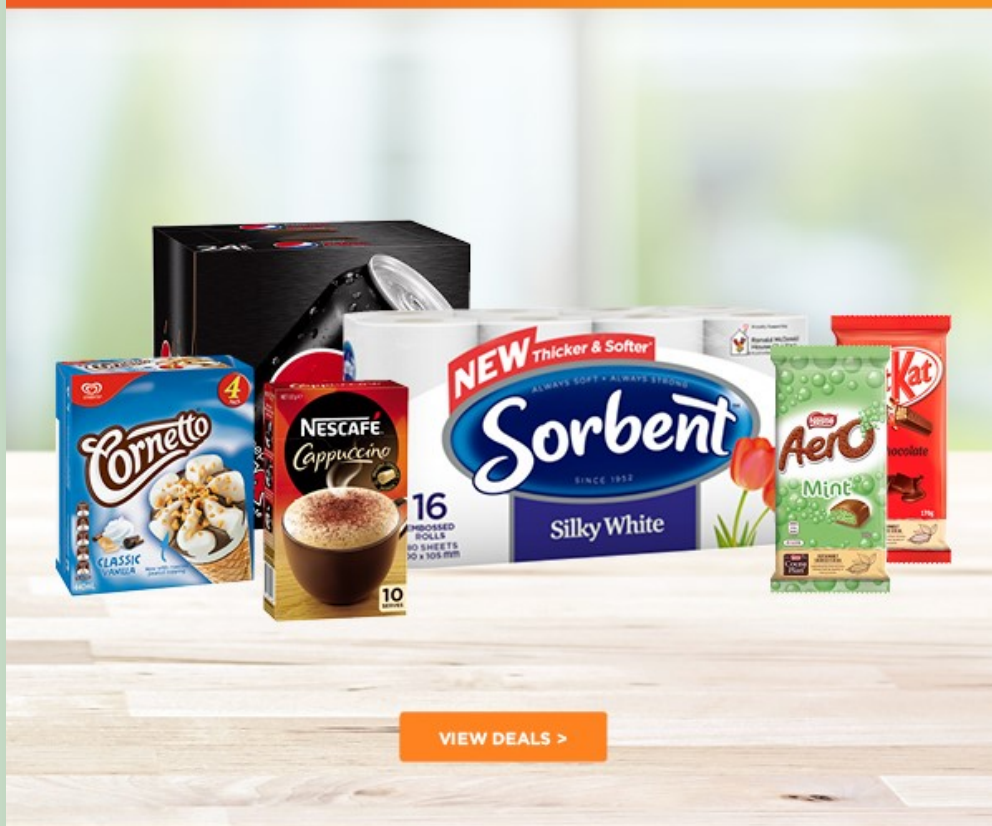
MONDAY TO FRIDAY	7AM-7PM	MONDAY TO THURSDAY	9AM-7PM
SATURDAY	8AM-5PM	FRIDAY & SATURDAY	9AM-9PM
SUNDAY	9AM-5PM	SUNDAY	10AM-5PM

Catalogue on Sale Wednesday 10th october 2018 — Tuesday 16th October 2018

PHONE: 5964 7202

Fresh Fruit and Vegetables

THIS WEEKS DEALS!



Orders must be in before 11.00 am to be delivered before 12 noon.

Min purchase \$40